

|                                                |                           |                               |
|------------------------------------------------|---------------------------|-------------------------------|
| <b>APPLICANT</b> (stamp or sticker acceptable) | <b>PATIENT</b> NHI: ..... | <b>REFERRER</b> Reg No: ..... |
| Reg No: .....                                  | First Names: .....        | First Names: .....            |
| Name: .....                                    | Surname: .....            | Surname: .....                |
| Address: .....                                 | DOB: .....                | Address: .....                |
| .....                                          | Address: .....            | .....                         |
| .....                                          | .....                     | .....                         |
| Fax Number: .....                              | .....                     | Fax Number: .....             |

### Varenicline tartrate

Note: a maximum of 12 weeks' varenicline will be subsidised on each Special Authority approval.  
This includes the 4-week 'starter' pack.

#### Initial application

Applications from any relevant practitioner. Approvals valid for 5 months.

**Prerequisites**(tick boxes where appropriate)

- ☐ Short-term therapy as an aid to achieving abstinence in a patient who has indicated that they are ready to cease smoking
- and
- ☐ The patient is part of, or is about to enrol in, a comprehensive support and counselling smoking cessation programme, which includes prescriber or nurse monitoring
- and
- ☐ The patient has tried but failed to quit smoking after at least two separate trials of nicotine replacement therapy, at least one of which included the patient receiving comprehensive advice on the optimal use of nicotine replacement therapy

or

☐ The patient has tried but failed to quit smoking using bupropion or nortriptyline
- and
- ☐ The patient has not had a Special Authority for varenicline approved in the last 6 months
- and
- ☐ Varenicline is not to be used in combination with other pharmacological smoking cessation treatments and the patient has agreed to this
- and
- ☐ The patient is not pregnant
- and
- ☐ The patient will not be prescribed more than 12 weeks' funded varenicline (see note)

#### Renewal

Current approval Number (if known):.....

Applications from any relevant practitioner. Approvals valid for 5 months.  
The patient must not have had an approval in the past 6 months.

**Prerequisites**(tick boxes where appropriate)

- ☐ Short-term therapy as an aid to achieving abstinence in a patient who has indicated that they are ready to cease smoking
- and
- ☐ The patient is part of, or is about to enrol in, a comprehensive support and counselling smoking cessation programme, which includes prescriber or nurse monitoring
- and
- ☐ It has been 6 months since the patient's previous Special Authority was approved
- and
- ☐ Varenicline is not to be used in combination with other pharmacological smoking cessation treatments and the patient has agreed to this
- and
- ☐ The patient is not pregnant
- and
- ☐ The patient will not be prescribed more than 12 weeks' funded varenicline (see note)

I confirm the above details are correct and that in signing this form I understand I may be audited.

Signed: ..... Date: .....

Post application to Health New Zealand, Private Bag 3015, Wanganui – email: [customerservice@health.govt.nz](mailto:customerservice@health.govt.nz)