

Use this checklist to determine if a patient meets the restrictions for funding in the **hospital setting**. For more details, refer to [Section H](#) of the Pharmaceutical Schedule. For community funding, see the [Special Authority Criteria](#).

**PRESCRIBER**

**PATIENT:**

Name: .....

Name: .....

Ward: .....

NHI: .....

**Melatonin**

**INITIATION – insomnia secondary to neurodevelopmental disorder**

Re-assessment required after 12 months

**Prerequisites** (tick boxes where appropriate)

- Prescribed by, or recommended by a psychiatrist, paediatrician, neurologist or respiratory specialist, or in accordance with a protocol or guideline that has been endorsed by the Health NZ Hospital.

and

- Patient has been diagnosed with persistent and distressing insomnia secondary to a neurodevelopmental disorder (including, but not limited to, autism spectrum disorder or attention deficit hyperactivity disorder)

and

- Behavioural and environmental approaches have been tried or are inappropriate

and

- Funded modified-release melatonin is to be given at doses no greater than 10 mg per day

and

- Patient is aged 18 years or under

**CONTINUATION – insomnia secondary to neurodevelopmental disorder**

Re-assessment required after 12 months

**Prerequisites** (tick boxes where appropriate)

- Prescribed by, or recommended by a psychiatrist, paediatrician, neurologist or respiratory specialist, or in accordance with a protocol or guideline that has been endorsed by the Health NZ Hospital.

and

- Patient is aged 18 years or under

and

- Patient has demonstrated clinically meaningful benefit from funded modified-release melatonin (clinician determined)

and

- Patient has had a trial of funded modified-release melatonin discontinuation within the past 12 months and has had a recurrence of persistent and distressing insomnia

and

- Funded modified-release melatonin is to be given at doses no greater than 10 mg per day

**INITIATION – insomnia where benzodiazepines and zopiclone are contraindicated**

**Prerequisites** (tick boxes where appropriate)

- Patient has insomnia and benzodiazepines and zopiclone are contraindicated

and

- For in-hospital use only

I confirm that the above details are correct:

Signed: ..... Date: .....